



BREAKFAST SERVING TIME
IS 7:45am - 8:05 am

This institution is an equal opportunity employer.

All breakfasts are served with milk, juice, and fruit.
All lunches are served with 1% white or fat free chocolate milk.

CENTRAL LYON MENU ~ JANUARY 2026

BREAKFAST

BREAKFAST PRICES:

Student: Free
Adult: \$1.90
Second Juice: \$.40

LUNCH

LUNCH PRICES:

Grades TK-6: \$2.40
Grades 7-12: \$2.50
Adult: \$4.85
Second Entrée: \$2.50
Extra Milk: \$.40

BREAKFAST

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LUNCH

Menu items are subject to change without notice. If you have any questions or concerns, please contact

Darsha Tuenge, Food Service Director, at (712) 472-2664.

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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

19

Breakfast Bagel
Yogurt

Chicken Nuggets
Mashed Potatoes
Gravy or butter
Carrots
Applesauce
Sandwich 7-12

20

French Toast Sticks
& Syrup
Yogurt

Mr. Rib on a bun
Mixed veggies
Broccoli w/ ranch
Pears

21

Cereal & Toast

Corn Dog
Tater Tots
Broccoli
Grapes
Sandwich 7-12

22

Donut
Yogurt

Chili & Cinnamon
Roll
Crackers
Corn
Peaches

23

Cheese Omelet
Hash brown patty
Toast

Hamburger on a bun
French fries
Baked beans
Orange wedges

26

Breakfast Pizza
Yogurt

Chicken Fajitas
w/ lettuce &
Cheese
Green beans
Pineapple
Sandwich TK-4

27

Pancake &
Sausage Sandwich
Yogurt

Meatball Sub
w/ Mozzarella cheese
Broccoli
Baby carrots
Mixed Fruit

28

Cereal & Toast

Chicken Drumstick 2-12
Chicken Drumsticks TK-1
Mashed Potatoes
Corn
Pears
Sandwich

29

Breakfast Taco
Yogurt

Haystacks
w/ cheese sauce
Mixed veggies
Baby carrots
Strawberry cup
Sandwich 7-12

30

Mini Cinni
Yogurt

Grilled Cheese
Sandwich
Broccoli w/ ranch
Baked beans
Apple slices
Cookie

BREAKFAST

LUNCH



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